



Hughenden Primary School

Working Together, Empowering Lives, Enriching Minds

Friday 7th July 2017

Dear Parents and Guardians,

Our school nurse Nicky from the School Nursing Team will be delivering a Mother and Daughter session on Tuesday 11th July at 2:30pm for Year 4, 5 and 6. Mrs O'Malley will be present throughout the duration of the session.

This session is designed to help support both parents and children in discussing this important part of a girl's development. The session will cover the physical and emotional changes that take place during puberty, including menstruation. Towards the end of the meeting, there will be an opportunity for an anonymous question and answer session.

If you, or a family member, would like to attend, please fill in the slip below or alternatively if you cannot attend but would be willing for your daughter to participate please select the second option.

We apologise that we are informing you at such short notice but the nurse has managed to slot us into her schedule which we is greatly appreciated.

Yours Sincerely,

Mrs Sarah Leighton
Headteacher

Mother and Daughter Session – Tuesday 11th July 2017

I will / will not be attending the Mothers and Daughters afternoon with my daughter. (Please circle appropriate)

OR

I am happy for my daughter to attend in my absence

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Name of parent _____

Signed _____ Date _____

Headteacher: Mrs Sarah Leighton

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