



Dear Parents,

Samurai Kickboxing are delighted to return to teaching a kickboxing class at Hughenden Primary School next term! The class will run as follows:

**Little Samurai**

**Thursdays between 3.30pm to 4.15pm for Reception - Year 2**

**23<sup>rd</sup> September to 16<sup>th</sup> December 2021 (12weeks)**

**No class on 28<sup>th</sup> October**

At a cost of £96 - 1 FREE TRIAL session offered for new students who did not attend the free taster session on 16<sup>th</sup> September

Our Kickboxing classes are safe, professional and fun and offer a variety of fantastic benefits for your children:

- Improvement in general health and fitness including strength, balance, coordination, speed, agility and flexibility
- Opportunities for self-development including improved self-confidence, focus, discipline and mental well-being
- Learning self-protection techniques and how to deal with bullying

To book your child a space in the Samurai Kickboxing class, please register an account via the following link and then enrol your child onto the Hughenden class;

<https://app.classmanager.com/portal/the-samurai-fitness-group-ltd/register>

We regret that we are unable to teach any students who have not booked.

Any problems, please do not hesitate to contact us by phone or email as detailed below.

Kind regards,

Matt Collins

**Founder and Chief Instructor**

Telephone 07828 534817

Email [info@samuraikickboxing.com](mailto:info@samuraikickboxing.com)