

Dear Parent,

Bikeability Level 2 cycle training at HUGHENDEN PRIMARY SCHOOL

A cycle training course for Year 5 children will be run at your school from **Wednesday 20 March – Friday 22 March 2019.**

Level 2 Bikeability takes place on local roads, giving your child a real cycling experience. Children will be taught how to deal with traffic on short journeys. Once they have completed their Bikeability Level 2 and been awarded the orange badge, they will be able to:

- Start and finish a journey by road, including passing parked or slower moving vehicles and side roads
- Be aware of everything around you and signal your intentions to other road users when someone needs to know what you're doing
- Position yourself properly on the road and pass side roads
- Use junctions including turning left and right into major and minor roads
- Decide whether a cycle lane will help with your journey
- Use the Highway Code, particularly when it comes to understanding road signs

Before undertaking this course your child will need to be able to cycle one handed (to signal) confidently and without wobbling. Your child's bike must be roadworthy and have TWO working brakes.

THIS IS ESSENTIAL SINCE WE WILL BE TAKING THEM ON THE ROADS.

For more details about courses and some useful information regarding helmets, bike sizing etc, please visit our web site at www.spokesci.com

The cost of the course is £40 per child but Hughenden Primary School has secured partial funding from Bucks County Council which reduces the cost to £10 per child. If you would like your child to take part, please sign and return the enclosed consent form with payment to the school by **Wednesday 13 March 2019.**

If you have any questions, please don't hesitate to contact us via the school or on the e-mail address below.

Kind regards

BeSpoke Cycling Instruction Ltd 07999 210032 spokesci@gmail.com



