



Hughenden Primary School

Sex and Relationship Education Policy

DEFINITION OF SRE, AIMS AND OBJECTIVES

SRE is short for Sex and Relationships Education. In the Schools White Paper 'The Importance of Teaching (Nov 2010)', it states that children need high quality sex and relationships education so they can make wise and informed choices.

POLICY STATEMENT

SRE is lifelong learning process of acquiring information, developing skills and forming positive beliefs and attitudes about sex, sexuality, relationships and feelings (Sex Education Forum 1999)

Effective SRE can make a significant contribution to the development of personal skills needed by pupils if they are to establish and maintain relationships. It also enables young people to make responsible and informed decisions about their health and well-being.

The 1996 Education Act consolidates all relevant previous legislation and states that all primary schools must provide and up to date policy that describes the content and organisation of SRE provided outside the National Curriculum Science Order. The DfES Sex and Relationship Education Guidance (July 2000) and the SRE for the 21st Century - Supplementary Advice 2014, support this legislation and recommends that all primary schools should have a sex and relationship education programme tailored to the age and physical and emotional maturity of the children.

This policy has been developed in accordance with the DCSF SRE guidance (Dfee 0116/2000) and the Cambridgeshire Primary Personal Development Programme 2011.

CONTEXT

In Hughenden Primary School, we believe in the importance of education for the development of the whole child. Sex and Relationship Education (SRE) gives the children the opportunity to develop physically, morally and emotionally within the safe and caring environment of our school. It is about the understanding of the importance of family life, stable and loving relationships, respect, love and care. It is also about the teaching of sex, sexuality and sexual health. It is not about the promotion of sexual orientation or sexual activity. Sex and Relationship Education is taught through a whole-school approach, and is embedded within



PSHE, to help prepare the children for life. This policy will help young people learn to respect themselves and others and move with confidence from childhood through adolescence into adulthood. It enables young people to gain information, develop and transfer skills and explore attitudes and values, in order to support informed decision-making.

At Hughenden Primary School, SRE is enhanced by a supportive school ethos, where all are valued and encouraged. Positive relationships are seen as important and there is a safe and secure school environment, which is conducive to learning. Opportunities exist throughout the curriculum for promoting SRE, which will be taught through facts rather than opinions. Parents have the right to withdraw their children from the SRE lessons that fall outside those aspects covered in the National Curriculum Science lessons. Parents do not have to give their reasons for withdrawing their children, but will be made aware of the implications of removing children. Children who are withdrawn from SRE lessons will be supervised within other classrooms during these sessions.

SCHOOL ENVIRONMENT, RELATIONSHIPS AND ETHOS OF SCHOOL

AIMS

The aim of SRE is to be developmental and to provide information which is appropriate to the age and stage of the child, to allow children to explore attitudes and values and develop skills in order to empower them to make positive decisions about their health related behaviour. This should take place with consideration of the qualities of relationships within families.

TEACHING AND LEARNING OBJECTIVES

The objectives of Sex and Relationship Education are:

- ❖ To provide the knowledge and information to which all pupils are entitled.
- ❖ To clarify/reinforce existing knowledge.
- ❖ To raise children's self-esteem and confidence, especially in their relationships with others and talking about feelings.
- ❖ To help children develop skills (language, decision making, choice, assertiveness) and make the most of their abilities.
- ❖ To provide the confidence to be participating members of society and to value themselves and others.
- ❖ To help gain access to information and support.



- ❖ To develop skills for a healthier safer lifestyle
- ❖ To develop and use communication skills and assertiveness skills to cope with the influences of their peers and the media.
- ❖ To respect and care for their bodies.
- ❖ To be prepared for and understand the emotional and physical changes in puberty and adulthood.
- ❖ To understand the reasons for and benefits of delaying sexual activity.
- ❖ To learn the value of commitments, family life and loving relationships.
- ❖ To use information to make personal choice and appreciate the consequence of the choices made.

TEACHING & LEARNING

SRE is covered using a wide range of teaching and learning styles in order to meet the requirements of the National Curriculum PSHE and Citizenship Frameworks.

A range of teaching methods which involve children's full participation are used to teach sex and relationship education. These include use of interactive whiteboards, video, discussion, looking at case studies, drama and role play.

The Teaching Programme for Sex and Relationship Education Legal requirements:

We teach the following as part of the National Curriculum Science Orders, parents do not have the right to withdraw their child/children.

National Curriculum Science

Key Stage 1

1. b) that animals including humans, move, feed, grow, and use their senses and reproduce.
2. a) to recognise and compare the main external parts of the bodies of humans and reproduce.



2. b) that humans and animals can reproduce offspring and these grown into adults.
3. a) to recognise similarities and differences between themselves and others
4. treat others with sensitivity.

Key Stage 2

1. a) that the life processes common to humans and other animals include nutrition, growth and reproduction.
2. f) about the main stages of the human life cycle.

We also cover the following in each key stage:

Foundation

Children learn about the concept of male and female and about young animals. In ongoing PSHE work, they develop skills to form friendships and think about relationships with others.

Key Stage 1

Children learn to recognise similarities and differences between themselves and others, identify and share their feelings with each other, recognise safe and unsafe situations and identify and be able to talk to someone they trust.

Key Stage 2

In RE and Citizenship, children continue to develop an understanding of relationships within a family, between friends and the community and that there are different patterns of friendship. They will develop skills needed to form relationships and to respect other people's emotions and feelings. They will consider how to make simple choices and exercise some basic techniques for resisting pressures.

In Year 5/6, life processes are discussed including the physical changes that take place at puberty, why they happen and how to manage them. The content of these lessons are decided upon after a consultations process involving parents/carers, staff and governors. As stated above, the physical and emotional maturity of the children will always be considered and these lessons will be recapped and built during Upper KS2. When necessary, boys and girls will be taught separately e.g. menstruation. Lessons are delivered by the class teacher with support of other staff or Health Professionals.

(See appendix 1 Hughenden Primary School Sex and Relationships Scheme of Work)



DIFFERENTIATION

Differentiation will frequently be through outcome, and through skilful and careful questioning, praise and encouragement of the teacher. Every pupil will be offered an equal opportunity to experience all aspects of the Curriculum regardless of race, sex or religious beliefs. As far as possible, work will always be planned with a variety of levels to promote the progress of children at all stages and abilities. Children with specific special educational needs will be taught using an appropriately differentiated programme. This will be developed following the advice from their specialist teacher and in conjunction with their parents.

MANAGEMENT & ADMINISTRATION

The Head will be responsible for the overall co-ordination of the Curriculum. The PSHE & Citizenship Co-ordinator will be responsible for the day-to-day management of the subjects, in terms of implementation of the PHSE & Citizenship and Sex and Relationship Policy. The Policy will be reviewed regularly by the Curriculum sub-committee of the Governing Body, in consultation with, the subject Co-ordinators and Curriculum Co-ordinator.

INSET

Staff will be kept up to date with developments in the field through both external and internal In Service Training. Individual staff training will be in response to their identified training needs and appropriate training courses will be sought.

ASSESSMENT

Teachers assess children's work in SRE by making informal judgments as they observe them during lessons. We have clear expectations of what the children will know, understand and how they will behave, based on the Cambridgeshire Scheme of work for PSHE and Citizenship.

RESOURCES

We will primarily use the Cambridgeshire Primary Personal Development Programme and the resources recommended within it when planning and delivering the SRE Curriculum. We will avoid a 'resource-led' approach to delivering SRE, instead focusing on the needs of the children and our planned learning objectives. We will carefully select resources, which meet these objectives. We will carefully evaluate teacher resources, leaflets, DVD's and websites, before using them.



HEALTH & SAFETY

We ensure that all lessons are planned with safety in mind.

All visitors into school are vetted and under no circumstances are they left in sole charge of a class of children.

WORKING WITH PARENTS

We intend that our programme of Sex and Relationship Education complements and supports the role of parents, who are the prime educators in this area.

Under the Education Act 1993 children can be withdrawn from any or all parts of the school's SRE programme except those compulsory elements included in the Science National Curriculum.

CONFIDENTIALITY

If a disclosure is made by a child, the Child Protection Policy will be followed and dealt with by the Head Teacher.

This SRE Policy should be read in conjunction with other policies:

- ❖ **Behaviour Policy**
- ❖ **Anti-Bullying Policy**
- ❖ **Drugs Education Policy**
- ❖ **PSHE, Cyber bullying and Citizenship Policy**
- ❖ **Equal Opportunities Policy**
- ❖ **Health & Safety Policy**
- ❖ **Inclusion Policy**
- ❖ **Safeguarding Policy**
- ❖ **Special Education Needs and Disability Policy**
- ❖ **Confidentiality Policy**



Headteacher's signature

Chairman of Governors' signature

Date Implemented

Review Date



APPENDIX 1 HUGHENDEN PRIMARY SCHOOL SEX AND RELATIONSHIPS SCHEME OF WORK

This Scheme of Work outlines which topics of SRE are to be taught in which age groups. When planning units, teachers should look in the Cambridgeshire Scheme of Work for PSHE and Citizenship for suggested teaching plans and resources.

Age Group	Unit of Work
Foundation	The correct names for basic external body parts The basic life cycle of living things Good touches and bad touches – appropriate physical behaviour
Year 1 & 2	The correct names for external body parts The life cycle of living things Fertilisation in living things (ie. plants) The importance of loving, caring relationships including cuddling and kissing Good touches and bad touches – appropriate physical behaviour
Year 3 & 4	Physical changes during puberty Differences between male and females That their actions affect themselves and others Menstruation On- line safety
Year 5	Physical changes during puberty Personal hygiene during puberty Feelings during puberty The correct names of sexual organs Sexual health Fertilisation in humans Pregnancy and how babies are born The responsibilities of parenthood
Year 6	Physical and emotional changes during puberty Understanding that each person has a choice; being assertive in decision making situations and understanding the consequences of the decision Good touches and bad touches – the right to say no Personal safety Body Image and personal feelings Sexual health – STD and STI Contraception (briefly)

Following consultation with staff, governors and parents, the following units will not be covered at Hughenden Primary School. Distancing techniques, consultation with the PSHE Coordinator and Headteacher or referral to outside agencies will be used if these issues are raised by the children.

Basic awareness of abortion
Basic awareness of oral sex
Contraception (detailed methods)